



OUTER LIMITS

ADVENTURE FITNESS

www.outerlimitsadventure.com.au

School Holiday Camp Gear List

Back Pack Min 20L (30/40L pack) depending in the size of the child (OL has a few available)

Hiking shoes/ good runners

1x warm pair socks, 2x hiking socks

hat

1x set of trekking clothes, tights/ skins are best for chafe and swimming

Head torch (with spare batteries)

Sleeping bag (in a compression sack)

sleeping matt (a foam one for \$10 will do)

1x set of camp clothes, shorts/T shirt - jumper and pants

Thongs or sandal's for camp

Water bottle or hydration bladder (bladder in the pack is best)

Small towel

Baby wipes

Tooth paste/brush

Spork/ knife fork plus a small plate or bowl

Camera

Some group food and camp equipment will be split up between each person.

The clothes they leave town in are "camp clothes" and will be worn that day and night. Hiking clothes the next day and camp clothes at night.

Everything we take to Paluma will be going hiking with us, if its not needed it's not coming!